

HeartCycle Bicycle Touring Club

Patagonia Argentina: Lakes and Volcanoes

- Dates:** Orientation meeting Friday, April 10, 2026. Riding Saturday, April 11 through Tuesday, April 21, with departure on Wednesday, April 22 (lodging last night included).
- Coordinator:** Lisa Evans
- Miles:** 327 miles with about 28,000 vertical feet of climbing
- Rating:** Intermediate-Advanced (60% on unpaved roads)
<https://www.heartcycle.org/tour-ratings>
- Riders:** 30
- Price:** \$3,750 (double occupancy). \$1,000 due at registration. Balance due by Jan. 10, 2026. Single supplement +\$625.
- Cancellation:** [Standard cancellation policy](#)

Travel insurance is strongly recommended.

OVERVIEW

Using our local company's wealth of knowledge, we will embark on an 11-day cycling journey in northern Patagonia to explore some of the most remote parts of the Andean Lake District, a frontier region with rustic charm set within stunning landscapes. An authentic experience, this part of Patagonia sees relatively few tourists.

Our journey starts in the lakeside town of Bariloche, on the shores of Lake Nahuel Huapi, and continues to San Martín de los Andes, Villa Pehuenia, and Villa La Angostura, in the Argentine Patagonia. We will visit Lanín National Park, Nahuel Huapi National Park, Lanín Volcano, and Batea Mahuida within the Mapuche indigenous reserve.

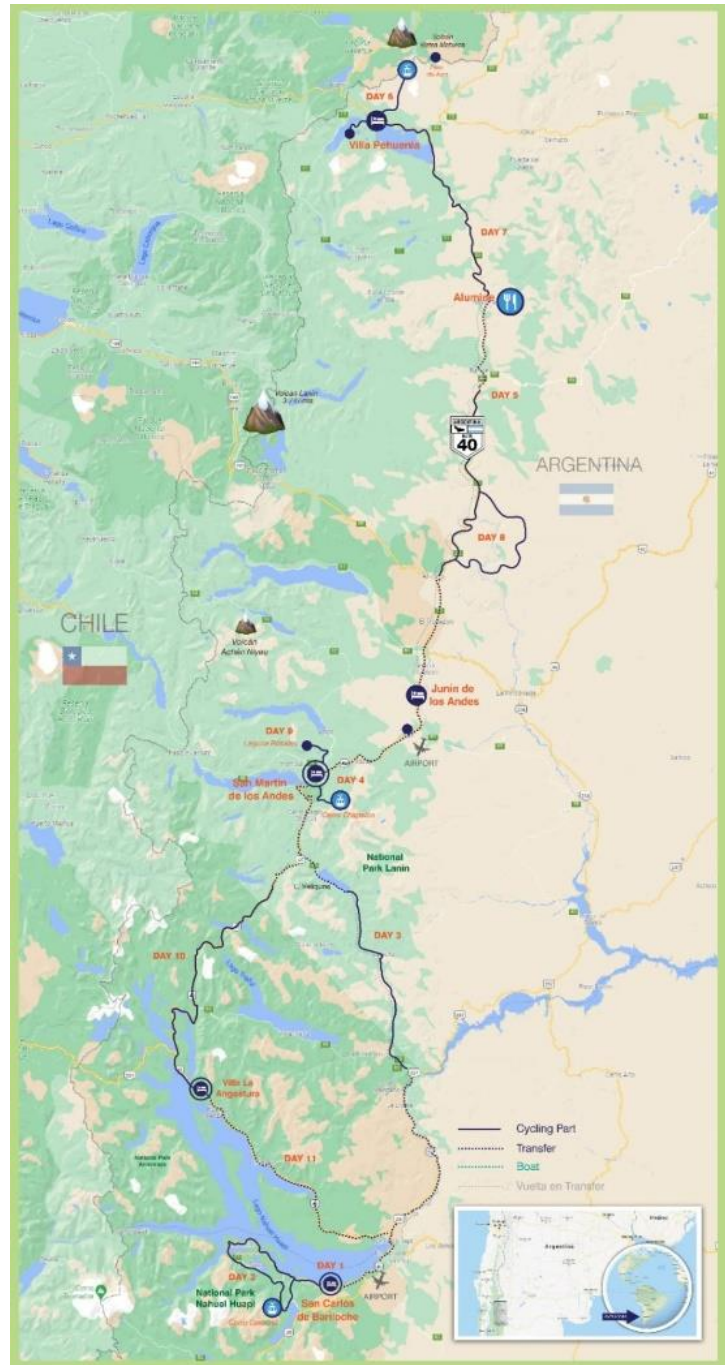
Expect climbs and descents through the Andes on quiet roads between snow-capped volcanoes and dazzling lakes. We conclude with the spectacular

Route of the Seven Lakes, through virgin forests, rivers, and lakes. With 10 days of varied cycling, we'll enjoy one of the best cycling adventures in one of the most iconic locations in the world.

Note from our host: Most of our rides are on unpaved roads (60%) with multiple options to take part of the group on trail rides. Riders' preferences will be honored, as the group can split up with a few guides going with each subgroup. Don't worry! The bikes are high-quality, Fantic electric mountain bikes.

Included

- 11 riding days, 12 nights lodging
- Meals as listed (breakfast and lunch daily, first night's dinner)
- High-quality, Fantic electric mountain bikes. Guides will clean the bikes and charge batteries every night and do any repairs during or after the ride day.
- Transfer from the Bariloche airport to Bariloche on arrival (flight that has the most participants arriving).
- Transfer from Villa La Angostura to Bariloche Airport on departure day.
- HeartCycle group dinner
- Entrance to Mapuche Reservation



Not included

- Meals not listed (most dinners). Expect to pay \$20-30 for dinner. Transport from airport other than arrival day or outside company transport (~\$25 taxi ride).
- Staff tips
- Personal expenses, souvenirs, etc. For this and dinners, the suggested amount to bring is \$500.

ITINERARY

Arrival (Day 0): Friday, April 10, 2026

Meet at the group hotel in Bariloche. A single mid-afternoon transfer is provided from Bariloche Airport, timed to meet the arrival of the flight with the most guests. We begin with dinner (included) and stay overnight at the group hotel. The tour guide will provide a pre-trip briefing, and they'll fit rental bikes.

Day 1: Saturday, April 11

36 miles, 2950 vertical feet, 4-5 hours cycling

The most spectacular lake and mountain scenery in the vicinity of Bariloche lies just to the west along the coast of Lake Nahuel Huapi. Called the Circuito Chico, this famous ride with great views is on quiet roads. We'll cycle past the impressive Llao Llao Resort, a contender for Argentina's most beautiful hotel. We can visit the Patagonia Brewery, then have lunch at a trout farm and



restaurant at Colonia Suiza before extending our ride up to the Cerro Cathedral Ski Resort for fantastic views across Bariloche to Lake Nahuel Huapi and the peaks beyond. Then, a fun descent will take us back to the lakeshore and a second night at our Bariloche hotel.

Day 2: Sunday, April 12

28 miles, 3600 vertical feet, 5 hours cycling

After a 50-minute transfer along the Rio Negro Lemay, we unload our bikes and set off on a gravel road toward Paso Cordoba (1300 m). We follow a small stream among some of the most beautiful landscape in Argentina: open



moorland, pine forest, and unique rock formations. We steadily climb to the viewpoint at the pass, then ride some downhill and a gradual ascent to pretty Meliquina Lake where we stop for a picnic lunch. The support vehicle takes us on a short and scenic transfer north to San Martín de los Andes, a paradise of peace and quiet within an environment of rivers, waterfalls, mountains, and magical forests.

Day 3: Monday, April 13

23 miles, 3300 vertical feet, 4 hours cycling

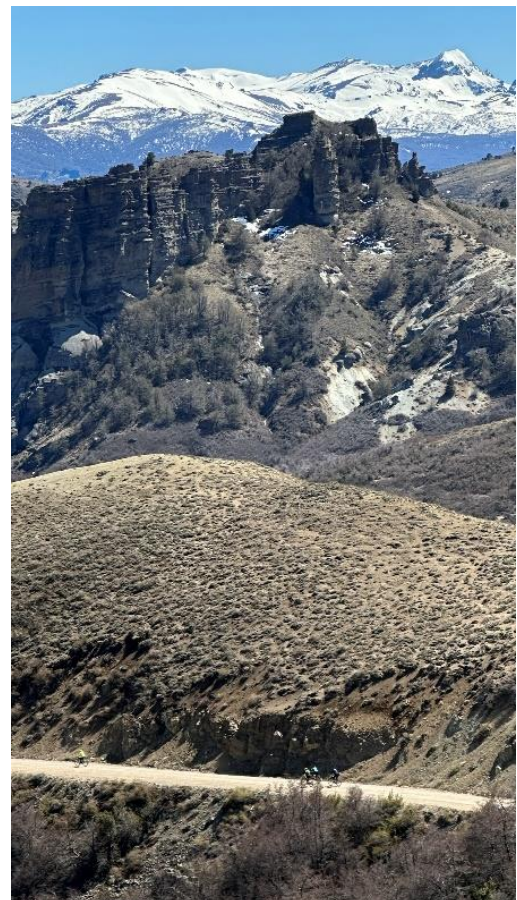
After breakfast, we pedal to Chapelco Mountain Bike Park, a ski resort transformed into a bike park in the off-season. We'll ride incredible singletrack/doubletrack of world-class and breathtaking landscapes, with more than 1 hour of descents through native forests. Easy to split

up and some or all can take a jeep road instead. Accommodation in San Martín de los Andes.

Day 4: Tuesday, April 14

34 miles, 650 vertical feet, 4 hours cycling

Today, we will ride from San Martín de los Andes to Villa Pehuenia in the north of the state of Neuquén. After a 30-minute transfer, we continue by bicycle along the famous Route 40, which runs along Lake Aluminé toward the base of Lanín National Park. Our ride passes through the community of the native Mapuche people. We'll stop for lunch in a local restaurant at Aluminé village. After a 40-minute transfer, we have a free evening in our accommodation in front of the lake in Villa Pehuenia.



Day 5: Wednesday, April 15

24 miles, 3100 vertical feet, 4 hours cycling

Today, we pedal to the top of the Batea Mahuida Volcano at 1800 m, passing several different lakes on our way to the top. At the volcano's crater is an incredible panoramic view. Our guide will take us along some of his favorite trails—nothing too technical, just great. Lunch at a traditional Mapuche restaurant. Overnight again in Villa Pehuenia.

Day 6: Thursday, April 16

42 miles, 2300 vertical feet, 4 hours cycling

After breakfast, we cycle along the shore of Aluminé Lake, with white sand beaches hidden in the Patagonian forest. We climb to the ruins of Paso del Arco at the border with Chile. Doubletrack trails take us to the hidden Laguna Corazon.

**Day 7: Friday, April 17**

25 miles, 1000 vertical feet, 4 hours cycling

A transfer by van takes us to Lake Moquehue beach, from where we pedal to the Lake Noquingo region. This rocky and uneven road is slow-going. We'll have lunch in the Noquingo community and then transfer to Aluminé.

Day 8: Saturday, April 18

28 miles, 2300 vertical feet, 4 hours cycling

Pedal through the trails at the Mapuche Aboriginal Community of Rivers Malleo.

We'll be riding in the area known as the fisherman's paradise—big canyons and eroded rocks with different shapes all over the valley. The journey continues with great views of Lanín volcano. The road alternative is Route 40 from day 4, going the other direction. Transfer to our accommodation in San Martín de los Andes.

Day 9: Sunday, April 19

30 miles, 3600 vertical feet, 7.5 hours including stops

We start with a 15-minute transfer to begin our riding day toward the enchanting Lago Escondido, following a route through unforgettable

landscapes within Lanín National Park. The ride offers breathtaking views, native forests, crystal-clear rivers, and striking natural beauty. Every kilometer feels like a postcard scene.

Throughout the day, we'll make stops to rest and enjoy a picnic in the open air, with the chance to taste regional specialties and local products.

Day 10: Monday, April 20

24 miles, 3000 vertical feet, 4 hours cycling

A morning riding on the rural roads and trails (optional) of Laguna Rosales and Lake Logog. Free afternoon and night in San Martín de los Andes. San Martín is a popular spot for outdoor activities and competitive sports. Explore a host of mountain bike trails including a section of the Huella Andina, the newest long-distance walking and biking trail in northern Patagonia. We will visit the lake's famous beaches, then return to San Martín on a pure descent. The afternoon will be free for independent exploration, discovering the city's Swiss-style wooden architecture, and its famous artisan ice cream and chocolate boutiques.



Day 11, Tuesday, April 21

33 miles, 2300 vertical feet, cycling 4-5 hours

After a short transfer from San Martín, we set off by bike through one of the most incredible landscapes in northern Patagonia, following the Seven Lakes Route to Villa La Angostura.

Internationally known for its beautiful lakes, crystal clear rivers, virgin forests, and views of the Andean peaks, this spectacular ride will take us through two national parks: Lanín and Nahuel Huapi. Picnic at Lake Correntoso. Farewell late lunch/early dinner in a nice local restaurant.

Departure: Wednesday, April 22

Today's services include breakfast and a single group transfer (70 minutes) to Bariloche Airport. For anyone choosing to extend their holiday in Argentina,

Bariloche is a great place to spend a few extra days. Or sign up separately to join the Mendoza Bike and Wine tour. Information below.

For more information contact:

Lisa Evans

lceski@comcast.net

(970) 237-1773

Mendoza Bike and Wine

April 23-28, 2026

Optional Add-on

Continue your Argentina adventure with this optional add-on, designed to be done right after our tour ends. The landscapes of the vineyards, mountain ranges, and the Mendoza Region, combined with its cuisine and wines, make this an amazing itinerary.



Catch a domestic flight from Bariloche to Mendoza on April 22 (via Buenos Aires) or the morning of the 23rd (direct). For the latter, options are to stay in Villa La Angostura one more night and get a direct transfer to the airport (90

minutes) or take the tour transfer to the airport and then continue (on your own) into Bariloche for a hotel night.



register, go to Mendoza Bike and Wine. Other guests will likely be on this trip.

For complete information and to